

Resultat – Träning 2017-10-12

2017-10-12

Långa		(2 / 2)		Tid	Efter		
1.	Erik Lennartsson		SOK Viljan	49:19			
	2:51 (2:51)	2:31 (5:22)	2:52 (8:14)	3:58 (12:12)	3:20 (15:32)	9:53 (25:25)	
	2:21 (27:46)	4:05 (31:51)	3:00 (34:51)	3:24 (38:15)	6:57 (45:12)	2:15 (47:27)	
	1:52 (49:19)						
2.	Tony Lövdahl		SOK Viljan	52:32	+3:13		
	2:52 (2:52)	2:55 (5:47)	3:20 (9:07)	3:24 (12:31)	3:09 (15:40)	10:28 (26:08)	
	2:36 (28:44)	4:58 (33:42)	3:24 (37:06)	3:23 (40:29)	7:20 (47:49)	2:36 (50:25)	
	2:07 (52:32)						
Mellan		(7 / 7)		Tid	Efter		
1.	Våge Rindstig		SOK Viljan	42:14			
	2:45 (2:45)	3:56 (6:41)	2:24 (9:05)	4:31 (13:36)	3:03 (16:39)	4:15 (20:54)	
	4:48 (25:42)	2:42 (28:24)	4:40 (33:04)	2:49 (35:53)	4:11 (40:04)	2:10 (42:14)	
2.	Leif Carlsson		SOK Viljan	45:54	+3:40		
	3:11 (3:11)	4:15 (7:26)	2:49 (10:15)	5:31 (15:46)	3:30 (19:16)	4:28 (23:44)	
	5:20 (29:04)	3:16 (32:20)	5:33 (37:53)	2:54 (40:47)	2:45 (43:32)	2:22 (45:54)	
3.	Stefan Carlsson		SOK Viljan	54:25	+12:11		
	3:35 (3:35)	4:46 (8:21)	2:47 (11:08)	6:11 (17:19)	4:05 (21:24)	5:20 (26:44)	
	6:18 (33:02)	4:20 (37:22)	6:53 (44:15)	3:46 (48:01)	3:30 (51:31)	2:54 (54:25)	
4.	Lennart Kalen		SOK Viljan	57:11	+14:57		
	3:09 (3:09)	4:30 (7:39)	3:06 (10:45)	7:22 (18:07)	4:11 (22:18)	5:20 (27:38)	
	6:11 (33:49)	4:31 (38:20)	7:37 (45:57)	3:58 (49:55)	4:11 (54:06)	3:05 (57:11)	
5.	Roland Svensson		SOK Viljan	1:10:49	+28:35		
	4:57 (4:57)	5:47 (10:44)	3:37 (14:21)	8:20 (22:41)	4:55 (27:36)	5:59 (33:35)	
	7:49 (41:24)	6:47 (48:11)	8:45 (56:56)	4:51 (1:01:47)	5:29 (1:07:16)	3:33 (1:10:49)	
6.	Göran Johnsson		SOK Viljan	1:25:15	+43:01		
	4:18 (4:18)	5:16 (9:34)	5:47 (15:21)	12:11 (27:32)	4:44 (32:16)	10:26 (42:42)	
	12:31 (55:13)	6:13 (1:01:26)	10:43 (1:12:09)	6:22 (1:18:31)	4:14 (1:22:45)	2:30 (1:25:15)	
7.	Tomas Petersson		SOK Viljan	1:27:54	+45:40		
	5:33 (5:33)	5:07 (10:40)	12:16 (22:56)	10:24 (33:20)	4:38 (37:58)	17:24 (55:22)	
	6:04 (1:01:26)	8:38 (1:10:04)	7:38 (1:17:42)	3:45 (1:21:27)	3:35 (1:25:02)	2:52 (1:27:54)	
Korta		(9 / 9)		Tid	Efter		
1.	Lars Kreutner		SOK Viljan	30:25			
	4:18 (4:18)	3:12 (7:30)	4:26 (11:56)	4:28 (16:24)	2:44 (19:08)	4:28 (23:36)	
	4:26 (28:02)	2:23 (30:25)					
2.	Tuva Lövdahl		SOK Viljan	31:53	+1:28		
	3:29 (3:29)	3:09 (6:38)	4:12 (10:50)	5:47 (16:37)	4:37 (21:14)	3:39 (24:53)	
	3:51 (28:44)	3:09 (31:53)					
3.	Elin Rindstig		SOK Viljan	32:48	+2:23		
	2:54 (2:54)	5:08 (8:02)	4:16 (12:18)	5:39 (17:57)	2:50 (20:47)	3:38 (24:25)	
	5:44 (30:09)	2:39 (32:48)					
4.	Olle Erlandsson		SOK Viljan	33:35	+3:10		
	3:47 (3:47)	3:45 (7:32)	4:50 (12:22)	6:09 (18:31)	4:01 (22:32)	3:38 (26:10)	
	5:11 (31:21)	2:14 (33:35)					
5.	Emma Rindstig		SOK Viljan	39:42	+9:17		
	3:39 (3:39)	3:30 (7:09)	12:25 (19:34)	6:13 (25:47)	3:07 (28:54)	3:42 (32:36)	
	4:07 (36:43)	2:59 (39:42)					
6.	Arne Erlandsson		SOK Viljan	46:10	+15:45		
	3:30 (3:30)	3:13 (6:43)	6:55 (13:38)	5:25 (19:03)	3:23 (22:26)	3:31 (25:57)	
	17:48 (43:45)	2:25 (46:10)					
7.	Göran Gabrielsson		SOK Viljan	51:05	+20:40		
	5:31 (5:31)	12:41 (18:12)	6:10 (24:22)	7:49 (32:11)	5:04 (37:15)	5:01 (42:16)	
	4:53 (47:09)	3:56 (51:05)					
8.	Martina Sturek		SOK Viljan	53:53	+23:28		
	6:11 (6:11)	3:39 (9:50)	14:08 (23:58)	5:46 (29:44)	2:56 (32:40)	7:47 (40:27)	
	10:09 (50:36)	3:17 (53:53)					
9.	Emil Kreutner		SOK Viljan	55:56	+25:31		
	14:53 (14:53)	4:37 (19:30)	7:27 (26:57)	8:18 (35:15)	4:02 (39:17)	8:24 (47:41)	
	4:34 (52:15)	3:41 (55:56)					
Gul		(3 / 3)		Tid	Efter		
1.	Johan Hansson		SOK Viljan	26:59			
	4:01 (4:01)	2:32 (6:33)	2:29 (9:02)	4:05 (13:07)	4:08 (17:15)	2:52 (20:07)	
	3:51 (23:58)	3:01 (26:59)					
2.	Madeleine Oskarsson		SOK Viljan	37:59	+11:00		
	4:25 (4:25)	3:25 (7:50)	3:10 (11:00)	5:27 (16:27)	10:22 (26:49)	2:44 (29:33)	
	4:08 (33:41)	4:18 (37:59)					
	Edvin Sandqvist		SOK Viljan	Felst.			
	6:42 (6:42)	2:39 (9:21)	3:59 (13:20)	– (–)	– (26:05)	5:37 (31:42)	
	7:29 (39:11)	4:27 (43:38)					
Orange		(3 / 3)		Tid	Efter		
1.	Theo Lövdahl		SOK Viljan	37:37			
	3:19 (3:19)	3:08 (6:27)	7:45 (14:12)	5:08 (19:20)	5:03 (24:23)	4:28 (28:51)	
	3:01 (31:52)	3:11 (35:03)	2:34 (37:37)				
2.	Vendela Sturek		SOK Viljan	42:18	+4:41		
	4:12 (4:12)	3:33 (7:45)	7:12 (14:57)	5:23 (20:20)	6:14 (26:34)	6:05 (32:39)	
	3:36 (36:15)	3:01 (39:16)	3:02 (42:18)				
3.	Gustav Eveborn		SOK Viljan	42:59	+5:22		
	3:29 (3:29)	3:03 (6:32)	5:35 (12:07)	9:05 (21:12)	6:53 (28:05)	6:01 (34:06)	
	3:27 (37:33)	3:04 (40:37)	2:22 (42:59)				